



## POLICY RECOMMENDATIONS

Throughout the 5 WorkLabs on Migration, held within the TAS Migration Labs project, by IMVF in Portugal, participants have analysed migration at national and international level and worked on prejudices and stereotypes, in order to create new narratives about migrants and migration and presented a set of policy recommendations. With these recommendations, the young participants want policy makers to put in place measures that promote safer and fairer migration for all.

### EDUCATION

- Include in the school curricula subjects related to migration, asylum, refugees and displacement;
- Promote more field trips to places and institutions that work directly with migrants and refugees.

### PUBLIC POLICIES

- Develop public policies for the inclusion and integration of migrants, refugees and asylum seekers;
- Decentralise programmes and projects for the reception and integration of migrants and refugees to the interior of the country. Invest in small-scale cities for the implementation of refugees' integration programmes. Use as reference projects that already exist in places in the interior of Portugal;
- Train health and education professionals, as well as public sector workers in general, to work in multicultural environments;
- Ensure decent working conditions of migrants and refugees that are often subject to exploitation and labour slavery;
- Guarantee policy coherence for development in a way that migration would be incorporated in public policies' definition with impact in the process of sustainable development.

## MEDIA

- Press mainstream media to change their narratives towards migrants and refugees;
- Support independent and investigative journalism that counteracts mainstream narratives about migrants and refugees;
- Support and fund campaigns that aim to deconstruct myths and misconceptions towards migrants and refugees.

Examples of some of the most widespread **myths** and misconceptions:

- Migrants/refugees steal nationals' jobs;
- Migrants/refugees are terrorists;
- Migrants/refugees are dependent on state subsidies;
- Migrants/refugees contribute to increase criminality.

Examples of **facts** and **narratives**:

- Migrants contribute to the knowledge of new cultures and customs, creating new opportunities in the deconstruction of misconceptions and stereotypes;
- Migrants contribute to greater social and economic dynamism, as they are a young workforce in an increasingly aging population;
- Migrants create new jobs in areas such as trade, catering and new services, which also serve to meet the needs of the community itself and contribute to the development of the country of destination and origin.

## LEGAL PROCEEDINGS

- Facilitate and accelerate the legalisation of asylum seekers and irregular migrants;
- Explain and clarify, to immigrants and refugees, the legal and bureaucratic processes necessary to normalise their situation in Portugal;
- Creation of a legal framework in the Portuguese legal system concerning climate migrants and refugees.

## CIVIL SOCIETY

- Promote more debates, especially among young people, about the subjects of migration, asylum and refugees;
- Involve the population in the reception and integration processes of migrants and refugees in Portugal.

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Learn more about the project: [tasmigrationlab.eu](https://tasmigrationlab.eu)

